

Swapping recommendations for Paediatric specialties LST Rota (081)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
2	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00
3	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
4	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
5	08:30 - 21:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	08:30 - 21:00	08:30 - 21:00	08:30 - 21:00
6	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
7	08:30 - 17:00	08:30 - 21:00	08:30 - 21:00	08:30 - 21:00	00:00 - 00:00	08:30 - 12:00	08:30 - 12:00
8	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
9	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00	20:30 - 09:00
10	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
11	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
12	08:30 - 21:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	08:30 - 21:00	08:30 - 21:00	08:30 - 21:00
13	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
14	08:30 - 17:00	08:30 - 21:00	08:30 - 21:00	08:30 - 21:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00

Recommendations

Swap nights of line 1

Swap line 1 with line 4 or line 11

Swap nights of line 2

Swap nights and zero days of line 2 and 3 with line 3 and 4

Swap nights and zero days of line 2 and 3 with line 10 and 11

Swap long days of line 5

Swap Friday, Saturday, Sunday and Monday of line 5 and 6 to line 3 and 4

Swap Friday, Saturday, Sunday and Monday of line 5 and 6 to line 10 and 11

Swap long days of line 7

Swap Tuesday, Wednesday, Thursday with line 4, 6, 10, 11

Swap nights of line 8

Swap line 8 with line 4 or 11

Swap nights of line 9

Swap nights and zero days of line 9 and 10 with line 3 and 4

Swap nights and zero days of line 9 and 10 with line 10 and 11

Swap long days of line 12

Swap Friday, Saturday, Sunday and Monday of line 12 and 13 to line 3 and 4

Swap Friday, Saturday, Sunday and Monday of line 12 and 13 to line 10 and 11

Swap long days of line 14

Swap Tuesday, Wednesday, Thursday with line 4, 6, 10, 11

Please note that these recommendations are valid at the beginning of the post without changes to the rota.

For more advice and information contact Medical Deployment on
leedsth-tr.LGIDeployment@nhs.net or 0113 39 22107