

Swapping recommendations for Paediatric specialties HST Rota (092)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
2	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
3	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15
4	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 21:15	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
5	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15
6	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
7	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
8	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00

Recommendations

Swap nights of week 1

Swap whole of line 1 with line 7 or 8

Swap long day week 2

Swap Monday, Tuesday, Wednesday of line 2 with line 4, 7 or 8

Swap long day week 3

Swap Thursday, Friday, Saturday, Sunday, Monday with line 6 or 7

Swap nights of line 5

Swap Thursday/Friday/Saturday/Sunday/Monday/Tuesday on line 5+6 with line 6+7 and 7+8

Swap Wednesday/Thursday/Friday/Saturday/Sunday/Monday/Tuesday on line 5+6 with line 6+7 and 7+8

Please note that these recommendations are valid at the beginning of the post without changes to the rota.

For more advice and information contact Medical Deployment on
leedsth-tr.LGIDeployment@nhs.net or 0113 39 22107