

Swapping recommendations for Neonatal HST Rota (LGI-083a)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	08:30 - 17:30	08:30 - 17:30	00:00 - 00:00	08:30 - 17:30	08:30 - 17:30	00:00 - 00:00	00:00 - 00:00
2	08:30 - 16:30	08:30 - 16:30	08:30 - 16:30	08:30 - 16:30	08:30 - 16:30	00:00 - 00:00	00:00 - 00:00
3	08:30 - 16:30	08:30 - 16:30	08:30 - 16:30	00:00 - 00:00	20:45 - 09:30	20:45 - 09:30	20:45 - 09:30
4	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00
5	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15
6	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15
7	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00
8	20:45 - 09:30	20:45 - 09:30	20:45 - 09:30	20:45 - 09:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00

Recommendations

Nights Line 3 (Friday + Saturday + Sunday)

Swap Friday/Saturday/Sunday/Monday/Tuesday on line (3+4) with line (1+2) and (2+3)

Long Days line 4 (Thursday + Friday)

Swap Thursday/Friday on line 4 with line 1/2

Long Days line 5 (Monday + Tuesday + Wednesday)

Swap Monday/Tuesday/Wednesday on line 5 with line 1/2

Long Days Line 5 (Saturday + Sunday)

Swap Saturday/Sunday/Monday on line (5+6) with line (1+2)

Swap Saturday on line 5 with line 1

Swap Sunday on line 5 with 1/8

Long Days line 6 (Tuesday + Wednesday)

Tuesday/Wednesday on line 5 with line 1/2

Long Days line 6 (Saturday + Sunday) + Long Day line 7 (Monday)

Swap Saturday/Sunday/Monday/Tuesday on line (6+7) with line (1+2)

Swap Saturday on line 6 with line 1

Swap Sunday on line 6 with 1/8

Swap Monday on line 6 with line 1/2/3/7

Long Days line 7 (Thursday + Friday)

Swap Thursday/Friday on line 7 with line 1/2

Nights Line 8 (Monday + Tuesday + Wednesday + Thursday)

Swap the whole of line 8 with line 1/2

Please note that these recommendations are valid at the beginning of the post without changes to the rota.

For more advice and information contact Medical Deployment on
leedsth-tr.LGIDeployment@nhs.net or 0113 39 22107