

Swapping recommendations for General paediatric HST Rota (074)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
2	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	20:30 - 09:15	20:30 - 09:15	20:30 - 09:15
3	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
4	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
5	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
6	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
7	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	08:30 - 21:15	08:30 - 21:15	08:30 - 21:15
8	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
9	16:00 - 00:00	16:00 - 00:00	16:00 - 00:00	16:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
10	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	12:00 - 00:00	12:00 - 00:00	12:00 - 00:00
11	00:00 - 00:00	00:00 - 00:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00
12	10:00 - 22:00	10:00 - 22:00	10:00 - 22:00	10:00 - 22:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
13	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	10:00 - 22:00	09:00 - 21:00	09:00 - 21:00
14	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	00:00 - 00:00	00:00 - 00:00

Recommendations

Swap nights on line 1 (Monday + Tuesday + Wednesday + Thursday)

Swap the whole of line 1 with line 4/5

Swap night on line 2 (Friday + Saturday + Sunday)

Swap Friday/Saturday/Sunday/Monday/Tuesday on line 2/3 with line (2+3) (4+5)

Swap Friday/Saturday on line 2 with line 3/4/8 & swap Sunday/Monday on line 2/3 with (3+4) (4+5) (12+13)

Swap long days on line 6 (Monday + Tuesday + Wednesday + Thursday)

Swap the long days on line 6 with line 4/5

Swap Monday/Tuesday on line 6 with line 4/5/13 & swap Wednesday/Thursday on line 6 with line 3/4/5/8/11/14

Swap long days on line 7 (Friday + Saturday + Sunday)

Swap Friday/Saturday/Sunday/Monday on line 7 with line (3+4) (4+5)

Swap Friday/Saturday on line 7 with line 3/4/5/7 & Sunday on line 7 with line 3/4/12

Swap long days on line 9 (Monday + Tuesday + Wednesday + Thursday)

Swap long days on line 9 with line 4/5

Swap the whole of line 9 with line 14

Swap long days on line 10 (Friday + Saturday + Sunday)

Swap Friday/Saturday/Sunday/Monday/Tuesday on line 10/11 with line (2+3) (4+5)

Swap Friday/Saturday on line 10 with line 3/4/8 & swap Sunday/Monday on line 10/11 with (3+4) (4+5) (12+13)

Swap long days on line 12 (Monday + Tuesday + Wednesday + Thursday)

Swap the whole of line 12 with line 4/5

Swap Wednesday/Thursday on line 6 with line 3/4/5/8/11/14

Swap long days on line 13 (Saturday/Sunday)

Swap Saturday on line 13 with line 3/4/5/8/9/11/13/14 & swap Sunday on line 13 with line 3/4/5/6/8/9/10/12/14

Please note that these recommendations are valid at the beginning of the post without changes to the rota.

For more advice and information contact Medical Deployment on
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