

Swapping recommendations for PICU HST Rota (070)

Line No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	08:00 - 20:45	08:00 - 20:45	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	00:00 - 00:00	00:00 - 00:00
2	08:00 - 20:00	08:00 - 20:00	08:00 - 20:45	08:00 - 20:45	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
3	00:00 - 00:00	00:00 - 00:00	08:00 - 20:00	09:00 - 16:00	08:00 - 20:45	08:00 - 20:45	08:00 - 20:45
4	08:00 - 16:00	00:00 - 00:00	20:00 - 08:45	20:00 - 08:45	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
5	20:00 - 08:45	20:00 - 08:45	00:00 - 00:00	00:00 - 00:00	20:00 - 08:45	20:00 - 08:45	20:00 - 08:45
6	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
7	08:00 - 20:45	08:00 - 20:45	00:00 - 00:00	09:00 - 16:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00
8	00:00 - 00:00	00:00 - 00:00	08:00 - 20:45	08:00 - 20:45	08:00 - 20:45	00:00 - 00:00	00:00 - 00:00
9	08:00 - 20:00	00:00 - 00:00	00:00 - 00:00	08:00 - 20:00	00:00 - 00:00	08:00 - 20:45	08:00 - 20:45
10	00:00 - 00:00	08:00 - 20:00	20:00 - 08:45	20:00 - 08:45	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
11	20:00 - 08:45	20:00 - 08:45	00:00 - 00:00	00:00 - 00:00	20:00 - 08:45	20:00 - 08:45	20:00 - 08:45
12	00:00 - 00:00	00:00 - 00:00	08:00 - 16:00	08:00 - 16:00	08:00 - 16:00	00:00 - 00:00	00:00 - 00:00
13	08:00 - 16:00	08:00 - 16:00	08:00 - 16:00	08:00 - 16:00	08:00 - 16:00	00:00 - 00:00	00:00 - 00:00

Recommendations

Swap long days line 1 (Monday + Tuesday)
Swap long days of line 1 with line 13
Swap Monday on line 1 with line 4 & swap the Tuesday on line 1 with line 13
Swap long days line 1 (Wednesday + Thursday + Friday)
Swap long days line 1 with line 6/12/13
Swap long days line 2 (Monday + Tuesday)
Swap long days line 2 with line 13
Swap Monday on line 2 with line 4 & swap the Tuesday on line 2 with line 13
Swap long days line 2 (Wednesday + Thursday)
Swap long days line 2 with line 6/12/13
Swap long day line 3 (Wednesday)
Swap long day line 3 with line 6/12/13
Swap long days on line 3 (Friday + Saturday + Sunday)
Swap Friday/Saturday on line 3 with line 6/8/12 & swap Sunday on line 3 with 2/4/6/8/10/12
Swap Friday on line 3 with line 6/8/12/13 & swap Saturday/Sunday on line 3 with line 6/8
Swap nights on line 4 (Wednesday + Thursday)
Swap nights on line 4 with line 6
Swap Wednesday/Thursday/Friday on line 4 with line 12/13
Swap nights on line 5 (Monday + Tuesday)
Swap Monday/Tuesday/Wednesday on line 5 with line 13
Swap Monday on line 5 with line 4 & swap the Tuesday on line 5 with line 13
Swap nights on line 5 (Friday + Saturday + Sunday)
Swap Friday/Saturday on line 5 with line 6/8/12 & swap Sunday on line 5 with 2/4/6/8/10/12
Swap Friday/Saturday/Sunday/Monday/Tuesday on line 5/6 with line 12/13

Swap long day on line 7 (Monday + Tuesday)
Swap long days line 7 with line 13
Swap Monday on line 7 with line 4 & swap the Tuesday on line 7 with line 13
Swap long days on line 7 (Friday + Saturday + Sunday)
Swap Friday/Saturday on line 7 with line 6/8/12 & swap Sunday on line 7 with 2/4/6/8/10/12
Swap Friday on line 7 with line 6/8/12/13 & swap Saturday/Sunday on line 7 with line 6/8
Swap Friday/Saturday/Sunday/Monday on line 7 with line 12/13
Swap long days on line 8 (Wednesday + Thursday + Friday)
Swap Wednesday/Thursday/Friday on line 8 with line 6/12/13
Swap long days on line 9 (Saturday + Sunday)
Swap Saturday/Sunday on line 9 with line 6
Swap Saturday/Sunday/Monday on line 9 + 10 with line 12
Swap Saturday on line 9 with line 2/4/6/8/10/12
Swap Sunday on line 9 with line 2/4/6/8/10/12
Swap nights on line 10 (Wednesday + Thursday)
Swap nights on line 10 with line 6
Swap Wednesday/Thursday/Friday on line 10 with line 12/13
Swap nights on line 11 (Monday + Tuesday)
Swap Monday/Tuesday/Wednesday on line 11 with line 13
Swap Monday on line 11 with line 4 & swap the Tuesday on line 11 with line 13
Swap long nights on line 11 (Friday + Saturday + Sunday)
Swap Friday/Saturday on line 11 with line 6/8/12 & swap Sunday on line 11 with 2/4/6/8/10/12
Swap Friday/Saturday/Sunday/Monday/Tuesday on line 11/12 with line 12/13

Please note that these recommendations are valid at the beginning of the post without changes to the rota.

For more advice and information contact Medical Deployment on
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